



# The Office of Health Sciences Education invites you to the 2013-2014 Faculty of Health Sciences Journal Club



**8:00am – 9:00am**

**Wednesday April 9, 2014**

**Glaxo Wellcome Centre (CEC), Louise D. Acton Building, 31 George Street, Room 121**

## **Objectives of the Health Sciences Education Journal Club:**

- 1) To learn and practise critical appraisal skills with respect to health science education literature
- 2) To use evidence based literature to guide our educational practice
- 3) To keep up to date on current and relevant literature in health sciences education
- 4) To stimulate an educational discussion for those engaged in health sciences education
- 5) To provide an enriched social and learning environment for faculty engaged in health sciences education

**Topic:** The Role of Reflection in Health Sciences Education

**Facilitators:** Sheila Pinchin and Libby Alexander

### **Readings:**

Scanlan, J., Care, W. & Udod, S. (2002). Unravelling the unknowns of reflection in a classroom teaching. *Journal of Advanced Nursing*, 38(2), 136-43.

Van Horn, R. & Freed, S. (2008). Journaling and Dialogue Pairs to Promote Reflection in Clinical Nursing Education. *Nursing Education Perspectives*, 29(4), 220-225

Pololi, L., Frankel, R., Clay, M. & Jobe, A. (2001). One year's experience with a program to facilitate personal and professional development in medical students using reflection groups. *Education for Health*, 14(1), 36-49.

### **Suggested Approach:**

Reflecting on experience in order to deepen one's understanding is an essential part of learning. In health sciences education, reflection can be used to bridge the gap between theory and clinical practice. However, it is not always clear what constitutes the best ways of using this strategy. The selected articles describe a range of experiences in implementing reflection.

The article by Scanlan, Care and Udod (2002) investigates how nursing faculty understand their use of reflective strategies in their teaching. The article by Van Horn and Freed (2008) describes the strategy of having nursing students pair up to complete a weekly journal on their clinical experiences. The article by Pololi, Frankel, Clay and Jobe (2001) describes a program for second year medical students that involved both journaling and reflective groups.

### **Guided Reading Questions:**

1. What does reflection mean to you in regards to education? What should be the purpose of teaching reflection?
2. What is your experience in implementing reflective strategies in your teaching?
3. How does the present emphasis on reflection impact learning?

## **Upcoming Journal Club Dates:**

May 14, 2014

For more information, please visit our website at: [http://healthsci.queensu.ca/education/ohse/programs/journal\\_club\\_2013-2014](http://healthsci.queensu.ca/education/ohse/programs/journal_club_2013-2014)